

# #howtogetUNstuck

## Secure Thru Peace

April 22, 2018 // Jeff Smart

#howtogetUNstuckPart 2: Secure Thru Peace

Philippians 4:6-7; Matthew 6:34

### Three Types of Anxiety

1. The \_\_\_\_\_
2. The \_\_\_\_\_
3. The \_\_\_\_\_

### Three ways to find deeper peace from God:

1. I am to \_\_\_\_\_ about \_\_\_\_\_.  
Philippians 4:6

Worry and anxiety blinds us to \_\_\_\_\_ and  
puts the emphasis on what you wish was \_\_\_\_\_.

2. I am to \_\_\_\_\_ to Him \_\_\_\_\_.  
Philippians 4:19
3. I am to \_\_\_\_\_ about \_\_\_\_\_.  
Philippians 4:8
4. I am to \_\_\_\_\_ for God in \_\_\_\_\_.  
Philippians 4:9

If we live according to God's ways,  
we'll experience \_\_\_\_\_ of God's peace.

"Examine your values and live by them—the more your actions reflect your beliefs, the better you feel."

American Heart Association

*EVERYONE IS A GREETER AT COOK!*