

1. God offers to take the weight of your past _____.

Matthew 18:27-28, 35

A grudge is the weight caused by what we feel _____ have done to us.

The only way to let go of a grudge is to quit _____.

The word "forgiveness" literally means "to _____" or "to _____."

***"Forgiveness is giving up my right to hurt you for hurting me."* ~ James Dobson**

The word "resentment" means "to _____."

Forgiveness is more for the person who has been _____ than the one who has carried out the _____.

2. God offers to take the weight of your past _____.

2 Corinthians 12:9

Grief is the weight caused by what we feel _____ has done to us.

If you've had something painful happen to you, don't let that experience be the _____ of your life.

Four things David did to handle his grief

1. He _____ . 2 Samuel 12:20
2. He _____ what he could not _____ . 2 Samuel 12:22-23a
3. He _____ in light of _____ . 2 Samuel 12:23b; Psalm 30:5b; Revelation 21:4
4. He _____ on what was _____ not what was _____ . 2 Samuel 12:24

3. God offers to take the weight of your past _____.

Psalm 38:4-5; Jude 4; Romans 6:1-2

Guilt is the weight caused by what we've done to _____.

Two lessons from the school of grace

1. God loves you just the way _____.
2. God loves you too much to let you _____.

Grace doesn't give you the _____ to live as you want to; grace gives you the _____ to live like you ought to.

1. God offers to take the weight of your past grudges.

Matthew 18:27-28, 35

A grudge is the weight caused by what we feel others have done to us.

The only way to let go of a grudge is to quit nursing it.

The word “forgiveness” literally means “to let go” or “to send away.”

“Forgiveness is giving up my right to hurt you for hurting me.” ~ James Dobson

The word “resentment” means “to think again.”

Forgiveness is more for the person who has been offended than the one who has carried out the offense.

2. God offers to take the weight of your past grief.

2 Corinthians 12:9

Grief is the weight caused by what we feel God has done to us.

If you’ve had something painful happen to you, don’t let that experience be the focal point of your life.

Four things David did to handle his grief

1. He worshipped God. 2 Samuel 12:20
2. He accepted what he could not change. 2 Samuel 12:22-23a
3. He lived in light of eternity. 2 Samuel 12:23b; Psalm 30:5b; Revelation 21:4
4. He focused on what was left not what was lost. 2 Samuel 12:24

3. God offers to take the weight of your past guilt.

Psalms 38:4-5; Jude 4; Romans 6:1-2

Guilt is the weight caused by what we’ve done to ourselves.

Two lessons from the school of grace

1. God loves you just the way you are.
2. God loves you too much to let you stay that way.

Grace doesn’t give you the license to live as you want to; grace gives you the liberty to live like you ought to.